



CURRICULUM VITAE

DR. COLTER D. RAY

Assistant Professor
Director of the Human Communication Laboratory
Associate Director of the Center for Communication, Health, and the Public Good

School of Communication
College of Professional Studies & Fine Arts
San Diego State University

5500 Campanile Drive
San Diego, CA 92182-1308
Cell Phone: (713) 824-1690
ColterRay@gmail.com

EDUCATION

Ph.D., Communication (2018), Arizona State University

Dissertation: Effects of Message Planning on Support Message Effectiveness, Nonverbal Behaviors, and Supporter Stress and Anxiety

M.A., Communication Studies (2014), Texas State University

Distinction: Departmental Award for Outstanding Graduate Student

B.A., Mass Communication – Public Relations (2011), Texas State University

Distinction: Ralph J. Harrell Outstanding Senior

CERTIFICATES

Graduate Certificate in Corporate Communication and Training, Texas State University, May 2014

Masterclass in Online Pedagogy, Arizona State University, May 2018

STUDY ABROAD

Oxford University, St. Hilda's College, 2013

ACADEMIC APPOINTMENTS

Fall 2018 – Present

Assistant Professor, School of Communication, College of Professional Studies & Fine Arts, San Diego State University

Fall 2018 – Present

Director, Human Communication Laboratory, School of Communication, College of Professional Studies & Fine Arts, San Diego State University

Summer 2019 – Present	<i>Associate Director</i> , The Center for Communication, Health, and the Public Good, San Diego State University
Fall 2018 – Summer 2019	<i>Core Researcher</i> , The Center for Communication, Health, and the Public Good, San Diego State University
Fall 2014 – Summer 2018	<i>Graduate Teaching Assistant</i> , The Hugh Downs School of Human Communication, Arizona State University
Fall 2013 – Spring 2014	<i>Basic Course Administrator</i> , Department of Communication Studies, Texas State University
Fall 2012 – Spring 2014	<i>Graduate Teaching Assistant</i> , Department of Communication Studies, Texas State University

RESEARCH & GRANT ACTIVITY

REFEREED JOURNAL ARTICLES

14. **Ray, C. D.**, Harvey, J., Floyd, K., Bonito, J. A., & Reblin, M. (2020). Mixed messages: II. Outcomes associated with the proportion and placement of negative statements in support messages. *Health Communication*. Advance online publication: <https://doi.org/10.1080/10410236.2020.1719322>
13. **Ray, C. D.**, Floyd, K., Tietsort, C., Veluscek, A. M., Otmar, C. D., Hashi, E. C., & Fisher, R. (2019). Mixed messages: I. The consequences of communicating negative statements within emotional support messages to cancer patients. *Journal of Patient Experience*. Advance online publication. <https://doi.org/10.1177/2374373519873781>
12. **Ray, C. D.**, Floyd, K., Mongeau, P. A., & Randall, A. K. (2019). Success bias and inflation bias after planning and communicating emotional support messages. *Journal of Cancer Education*. Advance online publication. <https://doi.org/10.1007/s13187-019-01550-1>
11. **Ray, C. D.**, Burke, T. J., Young, V., & Curran, M. A. (2019). Enacting social control to encourage healthier partner diet and exercise behavior: Considering the roles of constraints and topic avoidance. *Southern Communication Journal*, 84(5), 301-313. <https://doi.org/10.1080/1041794X.2019.1644665>
10. **Ray, C. D.**, Floyd, K., Mongeau, P. A., Mark, L., Shufford, K. N., & Niess, L. C. (2019). Planning improves vocal fluency and appearance of concern when communicating emotional support. *Communication Research Reports*, 36(1), 57-66. <https://doi.org/10.1080/08824096.2018.1560251>
9. **Ray, C. D.**, Manusov, V. L., & McLaren, R. M. (2019). “Emotional support won’t cure cancer”: Reasons people give for not providing emotional support. *Western Journal of Communication*, 83(1), 20-38. <https://doi.org/10.1080/10570314.2018.1472800>
8. Stein, J. B., **Ray, C. D.**, van Raalte, L. J., & Mongeau, P. A. (2019). Testing the relational turbulence theory in friends with benefits relationships. *Ohio Communication Journal*, 57(1), 6-18.
7. Kim, S., **Ray, C. D.**, Larkey, L., Ramos, E., & Northfelt, D. (2018). Factors predicting unmet supportive care needs among adult cancer patients. *Health Behavior and Policy Review*, 5(6), 38-49. <https://doi.org/10.14485/HBPR.5.6.3>

6. Floyd, K., **Ray, C. D.**, van Raalte, L. J., Stein, J. B., & Generous, M. A. (2018). Interpersonal touch buffers pain sensitivity in romantic relationships but heightens sensitivity between strangers and friends. *Research in Psychology and Behavioral Sciences*, 6(1), 27-34. <https://doi.org/10.12691/rpbs-6-1-4>
5. **Ray, C. D.**, & Veluscek, A. M. (2018). Nonsupport versus varying levels of person-centered emotional support: A study of women with breast cancer. *Journal of Cancer Education*, 33(3), 649-652. <https://doi.org/10.1007/s13187-016-1125z>
4. Pettigrew, J., Segrott, J., **Ray, C. D.**, & Littlecott, H. (2018). Social interface model: Theorizing ecological post-delivery processes for intervention effects. *Prevention Science*, 19(8), 987-996. <https://doi.org/10.1007/s11121-017-0857-2>
3. Kim, H., **Ray, C. D.**, Veluscek, A. M. (2017). Complementary roles of facilitators and peers in promoting mHealth engagement and weight loss: An analysis of survey and in-app activity data. *Journal of Health Communication*, 22(11), 902-915. <https://doi.org/10.1080/10810730.2017.1373876>
2. **Ray, C. D.**, & Veluscek, A. M. (2017). Face threats and additional reasons for perceiving support as unwanted: A study of recently diagnosed cancer patients. *Health Communication*, 32(11), 1396-1402. <https://doi.org/10.1080/10410236.2016.1228027>
1. Floyd, K., & **Ray, C. D.** (2017). Thanks, but no thanks: Negotiating face threats when rejecting offers of unwanted social support. *Journal of Social and Personal Relationships*, 34(8), 1260-1276. <https://doi.org/10.1177/0265407516673161>

MANUSCRIPTS UNDER REVIEW

4. **Ray, C. D.** & Floyd, K. (revise and resubmit). Evaluations of support message effectiveness mediates the relationship between verbal person centeredness and perceived supporter competence. *Communication Reports*.
3. Mikkelsen, A. C., & **Ray, C. D.** (revise and resubmit). Development of the Revised Relational Maximization Scale and explorations of how relational maximization relates to personal and relational outcomes. *Journal of Social and Personal Relationships*.
2. Floyd, K., York, C., & **Ray, C. D.** (revise and resubmit). Heritability of affectionate communication: A twins study. *Communication Monographs*.
1. Pettigrew, J., Razzante, R., Allsup, J., Lu, Y., & **Ray, C. D.** (initial review). Challenging sustainability in school-based intervention in Nicaragua. *School Mental Health*.

MANUSCRIPTS IN PREPARATION

5. **Ray, C. D.** (data collected). Mixed messages: III. Experimentally and longitudinally exploring the recall of negative statements embedded in emotional support messages.
4. **Ray, C. D.** (data collected). When people do not deserve social support: A thematic analysis of instances when social support was purposefully withheld.
3. Manusov, V. L., McLaren, R. M., **Ray, C. D.**, & Crowe, K. (data collected). When tangible support functions as emotional support: Rethinking social support typologies from a recipient perspective.

2. McLaren, R. M., **Ray, C. D.**, Manusov, V. L., & Crowe, K. (in preparation). Assessing the effectiveness of an empathy intervention on overcoming barriers to communicating emotional support messages.
1. Shin, Y., Pettigrew, J., **Ray, C. D.**, Lu, Y., Castillo, M. A., & Allsup, J. D. (analysis completed). Latent class analysis of interpersonal communication about the school-based intervention, Dale se REAL with parents, peers, and teachers from the social interface model.

FUNDED RESEARCH GRANTS

7. Funder: San Diego State University – Summer Undergraduate Research Program
Project Title: *Instances When People Believe Cancer Patients Do Not Deserve Social Support*
Amount: \$3,000
Awarded: May 2019 – August 2019
Position/Role: Principal Investigator; Academic Mentor to Undergraduate Research Assistant
6. Funder: San Diego State University – University Grants Program
Project Title: *How Our Bodies and Minds React to Emotional Support Messages in the Cancer Context*
Amount: \$9,989
Awarded: January 2019 – June 2020
Position/Role: Principal Investigator
5. Funder: The Hugh Downs School of Human Communication at Arizona State University
Project Title: *Effects of Planning and Rehearsal on Supporter Anxiety and Emotional Support Message Quality During Interactions with Cancer Patients*
Amount: \$3,000
Awarded: March 2017 – February 2018
Position/Role: Principal Investigator
4. Funder: Arizona State University Office of Knowledge Enterprise Development
Project Title: *The Physiological Effects of Planning Support Messages*
Amount: \$2,000
Awarded: February 2017 – May 2018
Position/Role: Principal Investigator
3. Funder: Arizona State University Graduate and Professional Student Association
Project Title: *Individual Travel Grant*
Amount: \$950
Awarded Twice: November 2016; November 2017
2. Funder: The Hugh Downs School of Human Communication at Arizona State University
Project Title: *Nonsupport Versus Varying Levels of Person-Centered Emotional Support: A Study of Women with Breast Cancer*
Amount: \$1,120
Awarded: March 2016 – February 2017
Position/Role: Principal Investigator
1. Funder: International Narcotics and Law Enforcement Affairs (U.S. Department of State)
Project Title: *Expanding the Influence of Dale se REAL in Nicaragua Central America*
Amount: \$600,000
Awarded: 2016-2019
Position/Role: Research Assistant

RESEARCH GRANT APPLICATIONS IN PREPARATION

5. Funder: National Institutes of Health
 Activity Code and FOA: R01 Research Project Grant (PAR-19-373)
 Funding Opportunity Title: *Research on Biopsychosocial Factors of Social Connectedness and Isolation on Health, Wellbeing, Illness, and Recovery*
 Amount: No Set Limit – Will Depend on Proposed Project Budget
 Principal Investigators: Colin Hesse (Oregon State University), Kory Floyd (University of Arizona)
 Co-Investigators: **Colter D. Ray**, Thaddeus Pace (University of Arizona)
 Consultant: Masato Nakazawa (University of California, San Diego)

NON-FUNDED RESEARCH GRANT APPLICATIONS

1. Funder: National Cancer Institute (As a component of the UCSD & SDSU U54 Grant Renewal Application)
 Project Title: *Pragmatic approach to address culturally diverse palliative care needs of advanced cancer patients*
 Amount: \$267,500
 Funding Decision Announced September, 2019
 Principal Investigator: Savitri Singh-Carlson
 Co-Investigators: Colter D. Ray, Eun Jeong Ko
2. Funder: San Diego State University – University Grants Program
 Project Title: *Empathy Bootcamp: Tools for Building Relationships When It Really Counts*
 Amount: \$10,000
 Funding Decision Announced December, 2019
 Position/Role: Principal Investigator

COMPETITIVELY SELECTED CONFERENCE PAPER PRESENTATIONS

27. **Ray, C. D.**, Harvey, J., Floyd, K., Bonito, J. A., & Reblin, M. (November, 2020). *Mixed messages: II. Outcomes associated with the proportion and placement of negative statements in support messages*. Paper submitted for presentation at the annual meeting of the National Communication Association, Indianapolis, IN.
26. **Ray, C. D.**, Floyd, K., Mongeau, P. M., & Randall, A. K. (August, 2020). *Success bias and inflation bias after planning and communicating emotional support messages to cancer patients*. Paper submitted for presentation at the annual meeting of the International Association for Relationship Research, London, United Kingdom.
25. Floyd, K., York, C., & **Ray, C. D.** (May, 2020). *Heritability of affectionate communication: A twins study*. Accepted for presentation at the annual meeting of the International Communication Association, Gold Coast, Australia.
24. Mikkelsen, A. C., & **Ray, C. D.** (February, 2020). *Development of the Revised Relational Maximization Scale and explorations of how relational maximization relates to personal and relational outcomes*. Accepted for presentation at the annual meeting of the Western States Communication Association, Denver, CO. **Top Paper in Interpersonal Division.**
23. Otmar, C. D., **Ray, C. D.**, Spitzberg, B. H., Negash, S. (February, 2020). *The influence of interpersonal patterns of forgiveness on relational resilience*. Accepted for presentation at the annual meeting of the Western States Communication Association, Denver, CO.
22. Valenzuela, A., Bohan, S., Nguyen-Grozavu, F., Robbins Sadler, G., Malcarne, V., & **Ray, C. D.** (September, 2019). *Social support for African American women with cancer: Why is it so low? A review of the literature*. Paper presented at the annual meeting of the International Cancer Education Conference, Salt Lake City, UT.

21. Shin, Y., Pettigrew, J., **Ray, C. D.**, Lu, Y., Castillo, M. A., & Allsup, J. D. (May, 2019). *Latent class analysis of interpersonal communication about the school-based intervention, Dale se REAL, with parents, peers, and teachers from the social interface model*. Paper presented at the annual meeting of the Society of Prevention Research, San Francisco, CA.
20. **Ray, C. D.**, Floyd, K., Tietz, C. J., Veluscek, A. M., Hashi, E. C., Otmar, C. D., & Fisher, R. (February, 2019). *Brief negative statements occurring within longer support messages result in lower message effectiveness and supporter competence ratings*. Paper presented at the annual meeting of the Western Communication Association, Seattle, WA.
19. **Ray, C. D.**, Floyd, K., Mongeau, P. A., Mark, L., Shufford, K. N., & Niess, L. C. (2019, February). *Planning improves vocal fluency and appearance of concern when communicating emotional support*. Paper presented at the annual meeting of the Western Communication Association, Seattle, WA.
18. Kim, S., **Ray, C. D.**, Larkey, L., Ramos, E., & Northfelt, D. (2018, November). *Factors predicting unmet supportive care needs among adult cancer patients*. Paper presented at the annual meeting of the National Communication Association, Salt Lake City, UT.
17. Pettigrew, J., Razzante, R., Lu, Y., Allsup, J. D., & **Ray, C. D.** (2018, August). *Challenging sustainability for school-based prevention in a lower-middle income country*. Paper presented at the First Conference of the Brazilian Association for Research on Prevention and Health Promotion (BRAPEP), Brasília, Distrito Federal, Brazil.
16. **Ray, C. D.** (2017, November). *The effects of relational closeness on cancer patients' perceptions of negative face threats and subsequent responses to emotional support messages*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
15. **Ray, C. D.**, Manusov, V. L., & McLaren, R. M. (2017, November). *Breaking the rules?: Why people choose not to provide emotional support to others*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
14. **Ray, C. D.**, Veluscek, A. M., & Duggan, A. (2017, November). *Nonverbal indicators of cancer patients' turning points in identity and treatment trajectories*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
13. Floyd, K., **Ray, C. D.**, Generous, M. A., van Raalte, L. J., & Stein, J. B. (2017, November). *Interpersonal touch buffers pain sensitivity in romantic relationships but heightens sensitivity between strangers and friends*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
12. Kim, H., **Ray, C. D.**, & Veluscek, A. M. (2017, November). *Complementary support from facilitators and peers for promoting mHealth engagement and weight loss*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
11. Pettigrew, J., Li, C., & **Ray, C. D.** (2017, November). *Developing and testing Dale se REAL: Drug and violence prevention in Nicaragua, Central America*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
10. Pettigrew, J. P., Segrott, J., **Ray, C. D.**, & Littlecott, H. (2017, September). *Centralizing the mesosystem for intervention message effectiveness: Introducing a social interface model*. Paper presented at the annual meeting of the European Society for Prevention Research, Vienna, Austria.
9. **Ray, C. D.**, & Veluscek, A. M. (2017, February). *Nonsupport versus varying levels of person-centered emotional support: A study of women with breast cancer*. Paper presented at the annual meeting of the Western Communication Association, Salt Lake City, UT.

8. **Ray, C. D.** (2016, December) *Reasons for not communicating emotional support to personal contacts with cancer*. Presented at the Arizona State University Institute for Social Science Research Poster Competition, Tempe, AZ.
7. **Ray, C. D.**, & Veluscek, A. M. (2016, November). *The experience and outcomes of receiving unwanted social support: A study of recently diagnosed cancer patients*. Paper presented at the annual meeting of the National Communication Association, Philadelphia, PA.
6. **Ray, C. D.** (2016, November). *The provision decision model: Understanding supportive interactions from the provider's perspective*. Paper presented at the annual meeting of the National Communication Association, Philadelphia, PA.
5. **Ray, C. D.**, & Framer, M. W. (2016, July). *The effects of sacred matters on perceived support gaps in romantic relationships*. Paper presented at the annual meeting of the International Association for Relationship Research, Toronto, Canada.
4. Floyd, K., & **Ray, C. D.** (2015, November). *Thanks, but no thanks: Negotiating face threats when rejecting offers of unwanted social support*. Paper presented at the annual meeting of the National Communication Association, Las Vegas, NV.
3. Stein, J., **Ray, C. D.**, & Framer, M. W. (2015, November.) *"But you say he's just a friend." Friends with benefits relationships versus exclusive relationships: A relational turbulence perspective*. Paper presented at the annual meeting of the National Communication Association, Las Vegas, NV.
2. **Ray, C. D.**, & Fox, W. (2013, November). *Use of Spanish phrases by political candidates and the effects on source credibility*. Paper presented at the annual meeting of the National Communication Association, Washington, D.C.
1. **Ray, C. D.** (2013, November). *The narrative paradigm applied to Julian Castro's Democratic National Convention keynote address*. Paper presented at the annual meeting of the National Communication Association, Washington, D.C.

NON-REFEREED BOOK CHAPTERS

3. Pauley, P., **Ray, C. D.**, Spitzberg, B. H., & Savage, M. (2019). Interpersonal and relational communication. In B. H. Spitzberg, H. Canary, & D. Canary (Eds.), *The communication capstone: The communication inquiry and theory experience*. San Diego, CA: Cognella.
2. Floyd, K., Pavlich, C. A., Dinsmore, D. R., & **Ray, C. D.** (in press). The physiology of affectionate communication. In L. S. Aloia, A. Denes, & J. C. Crowley (Eds.), *The Oxford handbook of the physiology of interpersonal communication*. Oxford, England: Oxford University Press.
1. Floyd, K., & **Ray, C. D.** (2016). The biology of affection. In J. Nussbaum (Ed.), *Oxford research encyclopedia of communication* (pp. 1-26). Oxford, England: Oxford University Press. doi: 10.1093/acrefore/9780190228613.013.157

TEACHING EXPERIENCE

COURSES TAUGHT: INSTRUCTOR OF RECORD

- COMM 735: Seminar on Relational Communication (SDSU; face-to-face)
- COMM 495: Communication Capstone (SDSU; face-to-face)
- COMM 496: The Dark Side of Communication (SDSU; face-to-face)
- COMM 321: Health Communication (SDSU; online)
- COMM 492: Training and Development (ASU; online)
- COMM 411: Communication in the Family (ASU; face-to-face)

- COMM 408: Quantitative Research Methods (ASU; face-to-face and online)
- COMM 312: Conflict and Negotiation (ASU; face-to-face)
- COMM 310: Relational Communication (ASU; face-to-face)
- COMM 308: Advanced Research Methods (ASU; face-to-face and online)
- COMM 1310: Fundamentals of Human Communication (TXST; face-to-face and hybrid)

COURSES TAUGHT: TEACHING ASSISTANT

- COMM 608: Multivariate Statistical Analysis (ASU; face-to-face)
- COMM 312: Conflict and Negotiation (ASU; face-to-face)
- COMM 259: Business and Professional Communication (ASU; hybrid)
- COMM 230: Small Group Communication (ASU; face-to-face)
- COMM 3330: Empirical Research Methods (TXST; face-to-face)
- COMM 1310: Fundamentals of Human Communication (TXST; face-to-face and hybrid)

NEW COURSES & COURSES BEING DEVELOPED INTO NEW FORMATS

- COMM 496: The Dark Side of Communication (SDSU – new course; face-to-face)
- COMM 495: Communication Capstone (SDSU; online version of pre-existing course)
- COMM 245: Interpersonal Communication (SDSU; online version of pre-existing course)

UPCOMING COURSES

- COMM 715: Seminar: Nonverbal Communication (SDSU – Fall 2020; face-to-face)
- COMM 350: Investigating Communication (SDSU – Summer 2020; online)

GRADUATE STUDENTS SUPERVISED

- Courtney Meissner (SDSU; 2019-2020). Thesis Title: *The Significance of Perceived Support: A Quantitative Study of Support Deprivation Experienced by Single Parents Compared to Partnered Parents*. Anticipated Defense: March 2020.
- Pia de lose Reyes (SDSU; 2019-2020). Thesis Title: *The influence of Expressive Writing on Quality of Pursuit and Provision of Social Support*. Anticipated Defense: March 2020.
- Christopher Otmar (SDSU; 2018-2019). Thesis Title: *The Influence of Interpersonal Patterns of Forgiveness on Relational Resilience*. Defended March, 2019. Now a doctoral student at UC-Santa Barbara.

MASTERS THESIS SECOND READER

- Chandler Spahr (SDSU; Department of Psychology) 2019-2020). Thesis Title: Relationship Quality as a Moderator of the Effect of Interracial and Intra-racial Roommate Relationships on Cardiovascular Outcomes. Anticipated Defense: March 2020.

UNDERGRADUATE HONORS STUDENTS ADVISED

- Michael Morrissey (ASU; 2016). Honors Thesis Title: *Bitcoin: How Benefit and Cost Shape the Adoption of Virtual Currency*.

COMPREHENSIVE EXAM COMMITTEES

- Laura Horton (SDSU; 2020)
- Ainsley Escobar (SDSU; 2020)
- Brianna Avalos (SDSU; 2019)
- Aaron Dellefield (SDSU; 2019)
- Kevin Roberts (SDSU; 2019)

UNDERGRADUATE RESEARCH ASSISTANTS

- Emily Parker (SDSU; 2019): Funded by University Grants Program and Summer Undergraduate Research Program
- Alec Valenzuela (SDSU; 2019): Funded by the National Cancer Institute's program *Creating Scientists to Address Cancer Disparities*
- Nicole Dies (SDSU; 2019): Earned a Research Apprentice Certificate through volunteer laboratory work
- Victoria Mudd (SDSU; 2018): Earned a Research Apprentice Certificate through volunteer laboratory work

INVITED LECTURES

- *Communication and Biology*. Presented to University of Washington, COMM 501 – Methods of Inquiry (Spring 2019)
- *How (and Why) You Should Write Love Letters*. Presented to the Residents of the Cuicacalli Suites at San Diego State University (Spring 2019)
- *Evolutionary Perspectives on Communication Research and Social Support*. Presented to San Diego State University, COMM 601 – Seminar in Theory and Research Methods (Fall 2018)
- *Theorizing About the Dark Side of Social Support in the Cancer Context*. Presented to University of Arizona, COMM 669 – Theories of Health Communication (Fall 2018)
- *Cognitive Biases and Evaluations of Support Messages*. Presented as a Colloquium for the School of Communication at San Diego State University (Fall 2018)
- *Are Your Support Messages Really Helping People with Cancer?* TED Talk Recorded at TEDxTexasStateUniversity (Fall 2016)
- *Programmatic Research Focused on the Dark Side of Social Support in the Cancer Context*. Presented as a Colloquium for the Hugh Downs School of Human Communication at Arizona State University (Fall 2016)
- *Stress, Anger, and the Body*. Arizona State University, COMM 312 – Conflict and Negotiation (Fall 2014)
- *Celebrating Dr. Steven Beebe's Tenure as Department Chair*. Presented to Texas State University at the "Beebe 101" Retirement Celebration (Spring 2014)
- *7:03 Moments: Creating Meaning in Your Life Through Acts of Kindness Toward Others*. Presented to Incoming Freshmen Students at Texas State University's Cat Camp (Fall 2013)

FACILITATOR ROLES IN COMMUNICATION AND LEADERSHIP TRAININGS

- *Being a Leader Workshop* – The Transformation Project at Arizona State University (Fall 2014)
- *Hospital Management Communication Retreat* – Central Texas Medical Center (Spring 2014)
- *Teaching and Learning Academy* – Texas State University (Fall 2013)
- *Balancing Work and Life When You Have Too Much Work* – San Jacinto Hall Council at Texas State University (Fall 2012)
- *Associated Student Government Retreat* – Texas State University's Associated Student Government (Fall 2010)

PARTICIPATION IN PEDAGOGICAL TRAININGS

- *LGBTQ+ Ally Training*, San Diego State University (Fall 2019)
- *Student-Centered Formative Assessment*, San Diego State University (Fall 2019)
- *UndocuALLY Training*, San Diego State University (Spring 2019)
- *Military Ally Training*, San Diego State University (Fall 2018)
- *Masterclass in Online Pedagogy*, Arizona State University (Spring 2018)
- *New Graduate Instructor Orientation*, Arizona State University (Fall 2014)
- *Teaching and Learning Academy*, Texas State University (Fall 2012)
- *LGBTQ+ Ally Training*, Texas State University (Fall 2010)

SERVICE

SERVICE TO THE DISCIPLINE

- Secretary of the National Communication Association's Health Communication Division (2018 – 2020)
- Secretary of the Western States Communication Association's Health Communication Interest Group (2015 – 2017)
- Legislative Assembly Representative for San Diego State University at the annual meeting of the Western States Communication Association (2019)
- Editorial Board Member for *Journal of Social and Personal Relationships* (Starting 2020)
- Editorial Board Member for *Communication Research Reports* (2018 – Present)
- Ad hoc reviewer for *Health Communication* (2019)
- Ad hoc reviewer for *Communication Monographs* (2019; 2015)
- Ad hoc reviewer for *Journal of Social and Personal Relationships* (2019; 2015)
- Conference Paper Reviewer (2014 – Present)
 - National Communication Association's Health Communication Division (2017 – 2020)
 - Western States Communication Association's Health Communication Interest Group (2015 – 2018)
 - Western States Communication Association's Interpersonal Division (2018 – 2019)
- Conference Panel Chairperson
 - National Communication Association's Interpersonal Communication Division (2018; 2019)
 - National Communication Association's Health Communication Division (2020)
 - Western States Communication Association's Health Communication Interest Group (2017)
 - International Association for Relationship Research (2015)

SERVICE TO SAN DIEGO STATE UNIVERSITY

- Cancer Research Group Steering Committee (2019 – Present)
- Faculty-in-Residence (2019 – Present)
- Chair of the School of Communication Scholarship Selection Committee (2019 – 2020)
- Member of the College of Professional Studies & Fine Arts Scholarship Selection Committee (2019 – 2020)
- Course Coordinator - COM 245: Interpersonal Communication (2018 – Present)
- College Core Scholarship Committee (2019)
- Faculty Chair of the School of Communication Annual Awards & Alumni Celebration (2019)
- Explore SDSU Information Booth Volunteer (2019)
- Student Success Fee Committee (2018)

SERVICE TO ARIZONA STATE UNIVERSITY

- Doctoral Program Recruitment Liaison (2014 – 2016)

SERVICE TO TEXAS STATE UNIVERSITY

- Course Administrator for COMM 1310: Fundamentals of Human Communication (2013 – 2014)
- Student Body Vice President (2010 – 2011)
- Cat Camp Counselor (2010)
- Residence Hall Association Representative & Blanco Residence Hall Council President (2008 – 2009)

SERVICE TO THE PUBLIC

- Singleton Moms Home Delivery of Groceries and Food to Single Mother with Cancer (2015 – 2018)

PARTICIPATION IN PROFESSIONAL ORGANIZATIONS

- National Communication Association (2012 – Present)
- International Association for Relationship Research (2015 – Present)
- Western States Communication Association (2015 – Present)
- Texas Speech Communication Association (2013 – 2014)

HONORS & AWARDS

SAN DIEGO STATE UNIVERSITY

- Top Paper: Western States Communication Association Interpersonal Division (2019)

ARIZONA STATE UNIVERSITY

- Nominated for Outstanding Graduate Student: College of Liberal Arts and Sciences (2018)
- Outstanding Graduate Researcher: Hugh Downs School of Human Communication (Awarded 2017, 2018)
- Continued Excellence in Teaching Award: Graduate and Professional Student Association (2017)
- Knowledge Mobilization Impact Award for Research (\$500): The ASU Graduate College (2017)
- Teaching Excellence Award: Graduate and Professional Student Association (2017)
- Outstanding Mentor Award: Graduate and Professional Student Association (2016)

TEXAS STATE UNIVERSITY

- Department of Communication Studies Outstanding Graduate Student (2014)
- Texas State University Man of the Year (2011)
- School of Journalism and Mass Communication Ralph J. Harrell Outstanding Senior (2011)
- Finalist, Lyndon B. Johnson Outstanding Senior (2011)
- College of Fine Arts and Communication Council of Scholars (2009 – 2011)
- Student Government Senator of the Year (2010)
- National Finalist, Hearst Photojournalism Competition (2009)

COMPETITIVE SCHOLARSHIPS

- Alfred Noelle Scholarship
- Associated Student Government Scholarship
- Association of Energy Companies Scholarship
- College of Fine Arts and Communication Scholarship
- Dean's Student Service Fee Scholarship
- Don Anders Scholarship
- Fred Adams Scholarship
- Graduate College Scholarship
- Hearst Foundation Endowed Scholarship
- Maude Ogle Friends of Fine Arts Scholarship
- Student Foundation Scholarship
- University Bookstore Scholarship