



# PSFA Faculty:

# ENHANCE YOUR STUDENTS' LEARNING WITH IN-CLASS WORKSHOPS



## WHAT

Invite PARC tutors or coaches to lead interactive workshops **during your class** to teach students metacognitive thinking (i.e., *how to learn*). See example topics at right.

## WHY

- Metacognitive learning strategies are associated with higher course grades, GPAs, and other markers of student success (McGuire, 2015; Perry, et al., 2018; van der Stel & Veenman, 2013).
- In AY 2022-23, **course grades** of students in the PARC's embedded tutoring program, in which faculty and tutors team up to teach metacognitive learning strategies, were **0.3 points higher** than their peers' ( $p < 0.05$ ).
- Students are more likely to participate in academic support activities like tutoring when these activities are well-promoted and normalized (Bornschelegel & Caltabiano, 2022); and, students are more likely to ask questions when they perceive questions as being welcomed in the classroom (Micari & Calkins, 2019).

## TOPICS

### REGULAR OFFERINGS

- Time Management
- Breaking Down Assignments
- Monitoring Progress & Self-Assessment
- How to Start a Writing Assignment

### CUSTOM

- We will collaborate with you to design a workshop that meets your class' specific needs (e.g., discipline-specific topics).

## HOW IT WORKS

Workshops can last **15-60 minutes** (you choose). They **can be scheduled a week before or months in advance** when you are creating your syllabi and course schedules.

We will send one, two, or three members of our team, depending on how many students you have in your class.

## OUR APPROACH

Our work is grounded in constructivist learning theory (Mcleod, 2024). People often think of learning as the *passive* transmission of knowledge from teacher to student. In contrast, **constructivists see learning as an active process** in which knowledge is formed by an individual or co-constructed with others, including the instructor, by bringing prior knowledge to bear on new experiences.

In workshops, we engage students by gathering and collectively working through their questions. In this model, students give advice to classmates and everyone learns from each other.



## FACULTY SAY...

"Students have been incredibly appreciative of study tips and tricks that increase their learning and performance in my classes. Those who took workshops and worked with PARC tutors have had some amazing results."  
- Prof. Allyson Williams, Art History

"These workshops increased student engagement and helped them cultivate the skills to excel in my courses."  
- Prof. Ashley Nuckels-Cuevas, Communication

**For more information or to schedule, contact PARC Director Rebecca Tedesco:**

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