





Achieving your learning goals isn't easy, but you can do it! The PARC and its resources are here to help you become a masterful learner.

## Inside The PARC

- Individual & quiet group study space with outlets for charging devices
- Tutoring
- Learning coaching
- Free snacks, groceries, hygiene products, & school supplies
- Printing (limited use)
- Kitchenette appliances (e.g. microwave, fridge, hot pot)

# **Tutoring**

In Spring 2023, tutoring appointments are available for the following subjects\*: Art, Communication, Criminal Justice, HTM, Music, TFM, & Theatre

# **Learning Coaching**

Learning coaching is like personal training, where you develop:

- Strenath
- Endurance
- Flexibility
- Speed

...but instead of working on your quads or biceps, you're working on your brain!

\*JMS students: Sign-up for learning coaching!

### We welcome donations!

- New or gently used school/office supplies
- Non-perishable food
- Hygiene products



Schedule appointments here!

## The PARC Discord





Join our virtual learning center on <u>Discord!</u> Get answers to quick questions from PARC tutors and learning coaches, connect with other PSFA students, organize virtual study groups, learn about campus resources, and meet with professional and peer advisers.

### For more information, email us at psfa-theparc@sdsu.edu.

#### **Hours of Operation**

M 9 AM to 4 PM

Tu 9 AM to 4 PM

W 9 AM to 4 PM

Th 9 AM to 4 PM

9 AM to 4 PM

Locations

**North PARC PSFA-200** 



**South PARC**